

# EARLY CHILDHOOD BRAIN SCIENCE: NURTURING BRAIN HEALTH

Please join us for an opportunity to view the *Mental Health: Mind Matters* exhibit and engage in a provoking and informative conversation about children's mental health.



Presented by  
 HealthPartners  
UnityPoint Health

 **SCIENCE  
CENTER  
OF IOWA**  
& BLANK IMAX  
DOME THEATER

Produced by  
 Science  
Museum  
of Minnesota  Heureka

**APRIL 8 | 11:00 am – 2:00 pm**  
Science Center of Iowa  
Cost: \$25

This session will focus on early childhood brain development and the critical role healthy mental development plays in the overall health of Iowa's children. Dayna Long, MD, Medical Director for the Department of Community Health and Engagement at UCSF Benioff Children's Hospital Oakland, will guide participants through the current science and best practices for addressing adverse childhood experiences (ACEs) and reducing toxic stress to improve the health of all children. Following Dr. Long's presentation, a panel will highlight innovations across our state and across sectors working to improve the social emotional well-being of Iowa's children.

**REGISTER NOW**  
[bit.ly/MindMattersDM](http://bit.ly/MindMattersDM)

For questions, please contact [rhiley.binns@sciowa.org](mailto:rhiley.binns@sciowa.org)